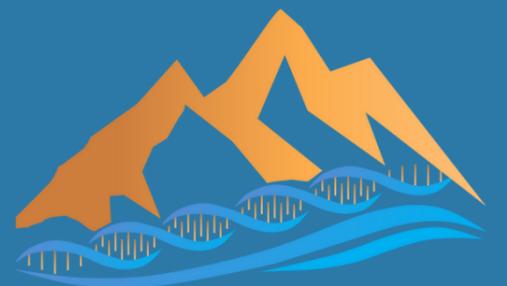


RISK FACTORS MULTIPLE SCLEROSIS





Multiple sclerosis (MS) is a chronic autoimmune disease that affects the central nervous system.

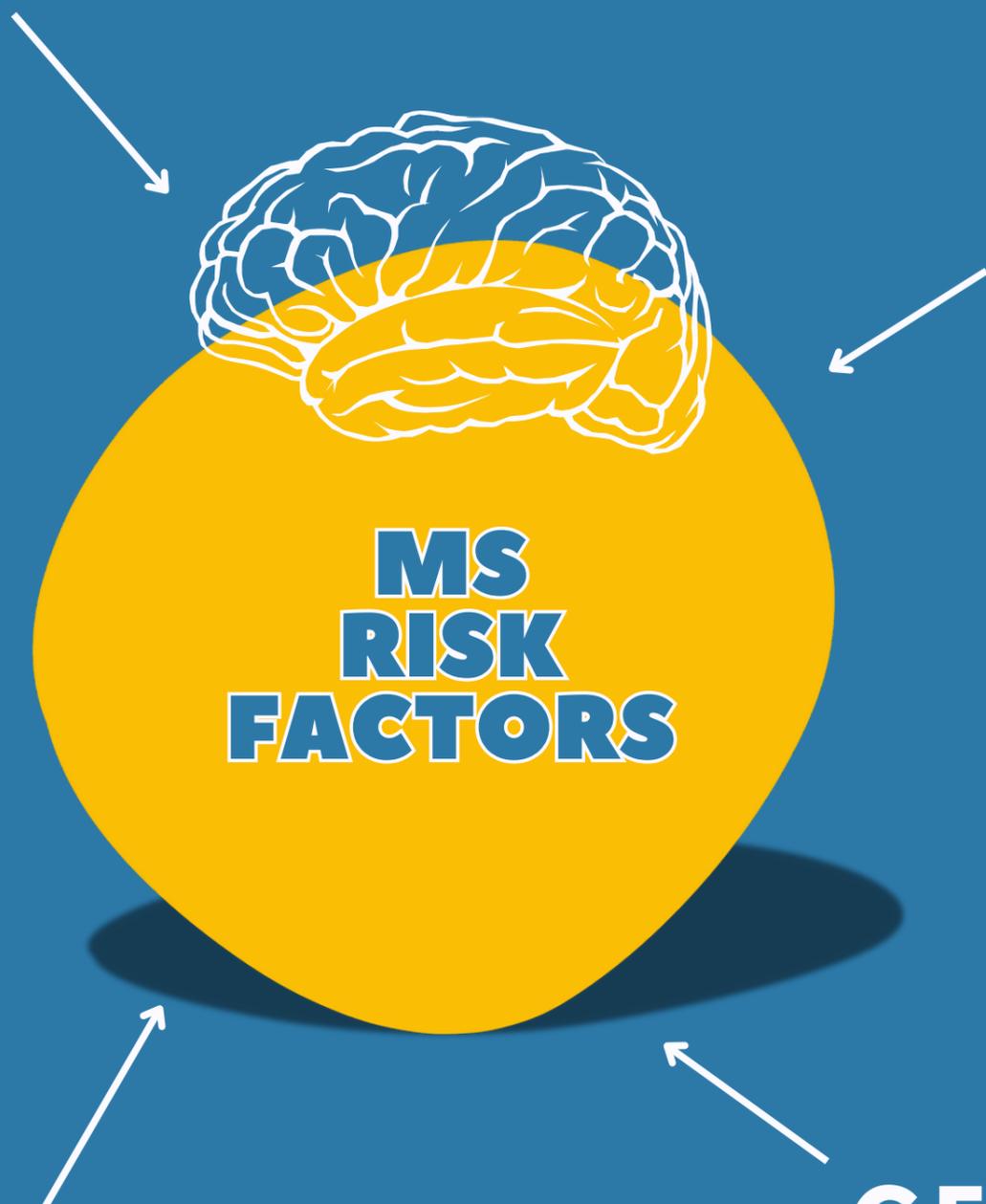
MS symptoms **heavily impact** daily life, work, and personal relationships.



The exact cause of MS is still unclear, but it is believed to involve genetic, environmental, and immune factors.

**ENVIRONMENTAL
FACTORS**

SEX



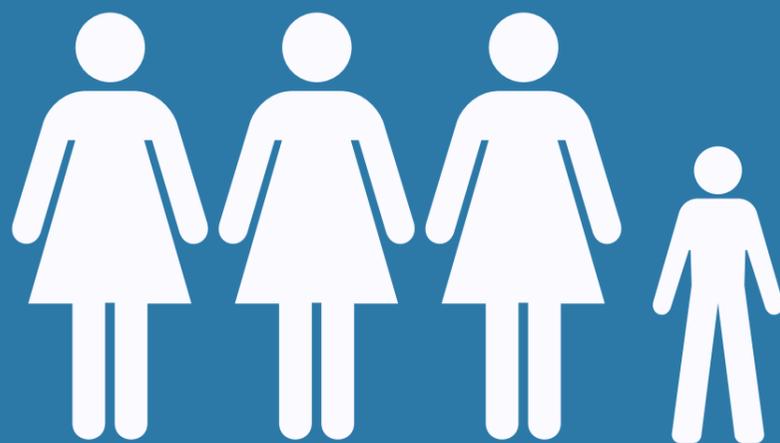
**MS
RISK
FACTORS**

GENETICS

**IMMUNE
FACTORS**

SEX

Women are 3 times more likely to develop MS than men, suggesting a potential influence of hormones.



GENETIC FACTORS

Genetic factors also play a role in the development of MS. They account for 30% of the MS risk factors.



IMMUNE FACTORS

- Epstein-Barr virus (EBV) infection
- Thyroid disorders
- Vitamin D deficiency
- Type 1 diabetes



ENVIRONMENTAL FACTORS

- Sunlight exposure
- Smoking
- Diet
- Obesity



Effective prevention strategies could significantly reduce the incidence of MS.

The LIRM is a non-profit organisation dedicated to improving patients quality of life in the areas of neurodegeneration and aging.

